

CDD PEERS CLINIC



Social Skills Group For Adolescents

PEERS® for Adolescents is a 14-week evidence-based social skills intervention for motivated teens in middle and high school who are interested in learning new ways of making and keeping friends. This internationally acclaimed program, used in over 35 countries, was originally developed at UCLA by Dr. Elizabeth Laugeson. During each group session, teens are taught important social skills and are given the opportunity to practice these skills in session during socialization activities. Parents attend separate sessions at the same time and are taught how to assist their teens in making and keeping friends by helping to expand their teen's social network and providing feedback through coaching during weekly socialization homework assignments. Parent participation is required.

- **June 17 - Sept 16, 2021**
- **Every Thursday, 3:30-5:00 pm**
- **High Functioning Autism
Social Communication Disorder
Diagnosis, ages 12-15 years**

For enrollment information, please contact Matt Kressin, Clinical Psychologist:
319-353-6140 or
matthew-kressin@uiowa.edu

Please contact Matt Kressin with patient recommendations by May 13th



**University of Iowa
Stead Family
Children's Hospital**

Center for Disabilities
and Development